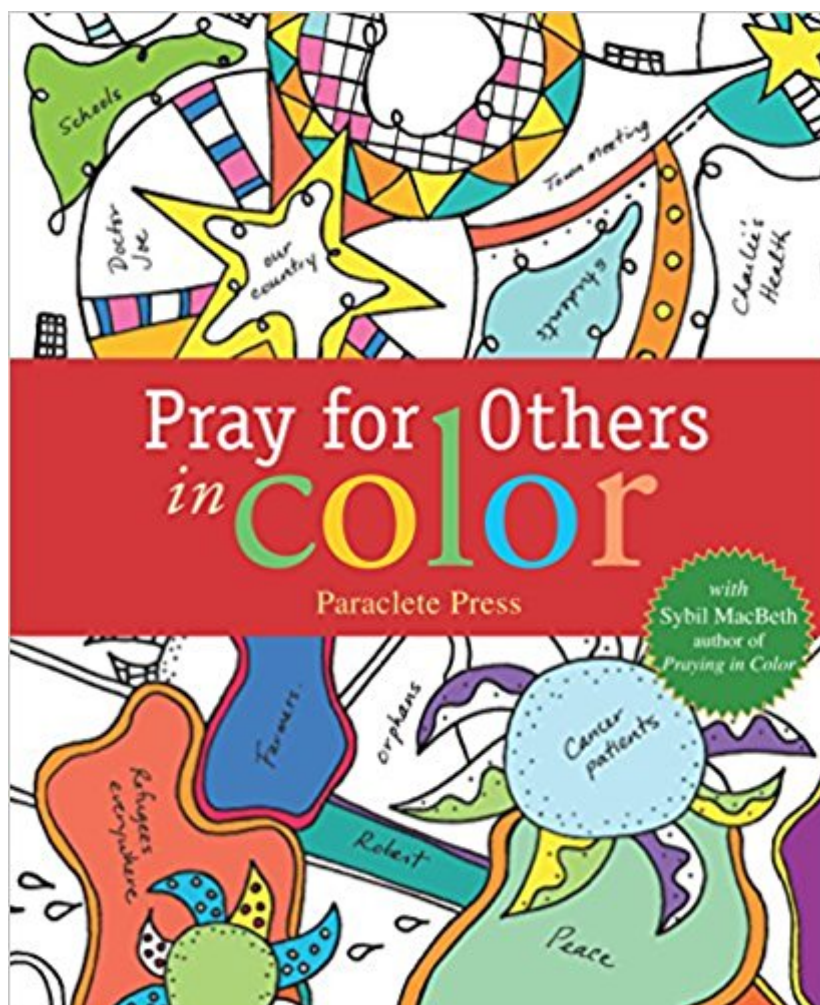


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# Pray For Others In Color: With Sybil MacBeth, Author Of Praying In Color



## Synopsis

How often do we say "I'll pray for you" and forget to offer a prayer? Or rattle off a name in prayer without feeling much if any connection to it. This new coloring book for adults offers a creative way to pray for our loved ones "friends and family" and sometimes maybe even someone we'd rather not pray for. By combining intercessory prayer with coloring, we can enter into a sacred space and spend time there focusing on each person. This coloring book was created with the bestselling author of *Praying in Color*, Sybil MacBeth. Sybil discovered her method of praying through doodling during a time of intercessory prayer for a friend with cancer. Feeling she had no words to express her feelings in prayer, she began to doodle; after some time, she realized she had created a visual prayer for her friend. Sybil's *Praying in Color* method is combined with coloring pages, so no matter whether you think you can draw or not: you can pray visually by filling in the lovely coloring pages included here.

## Book Information

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Coloring Books for Grown-Ups > Religious & Inspirational

## Customer Reviews

"Readers of all ages, experience, and religions will find this a fresh, invigorating and even exhilarating way to spend time with themselves and their Creator." Publisher's Weekly Starred Review

The Editors of Paraclete Press in conjunction with Sybil MacBeth are committed to creating resources that will draw people closer to God in unique ways. Sybil MacBeth's titles in the

Praying in Color line have sold over 100,000 copies.

I am a big fan of Sybil MacBeth's Praying in Color method (Or Praying in Black and White if you happen to be a masculine soul). It involves using drawings and colored pencils (or markers and crayons) to sort of mindmap your devotional life—intercessory prayer, Lectio Divina, prayers of gratitude, etc. It is a perfect way to focus, for those of us who's mind wanders during prayer. Prayers are captured in journals, sketchbooks and on graph paper. A record of our doodled devotion. My wife has used this same method in children's ministry, teaching kids to draw their prayers. While I have benefitted from Macbeth's method, I can, at times, be distracted by it. For the artistically inclined (or in my case, reclined), drawing prayers can draw us away from the heart of true prayer, when we focus on the quality of our drawings instead of the prayer we are praying (Macbeth's notes the struggles artists have with this method in a parenthetical note in Praying in Black and White). Macbeth and Paraclete Press have produced a new series of "Praying in Color" coloring books. Like other coloring books that Paraclete has produced, there are scriptures, quotations and other prompts on the left-hand pages, and a coloring sheet on the right-hand page. The difference is the right-hand pages reproduce the sort of 'mindmap' patterns which MacBeth uses in her Praying in Color books and workshops. The result is a simple, accessible way to appropriate her method in our own personal prayer times. Because the form is already given, it minimizes some of the artist's distraction. There are several volumes of these coloring books, corresponding to different ways of praying. Praying for Others in Color has Names and Titles of God on the Left-hand pages as a prompt to prayer (e.g. Abba, Deliverer, God of Compassion, Bread of Life, Holy Spirit, Restorer, etc), the right-hand page designs have bubbles and shapes to incorporate the name of God and those you are praying for (imaging God's connection and care for those you bring before him). The images can be colored, augmented, added to, or simply written on as an aid to prayer. Unlike most adult coloring books, the pages of each of this coloring book become a sort of spiritual journal as we record our prayer for others. As with MacBeth's other Praying in Color books, there is no right way to use these coloring books or preferred method. This is simply a format to help you dive deeper into the land of prayer. Users of these coloring books will find a nice balance between set formats and creative freedom. This coloring book is great for personal use or as a gift. I give it five stars.

-...-...-...-...-... Notice of material connection: I received copies of the coloring books from the publisher in exchange for my honest review.

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